



William Ford CE Junior School

Weekly Newsletter Spring Term 1 Week 2

Dear parents and carers,

Our week began with a visit from Strider! Who is that you may wonder? Strider visits a number of schools trying to promote the benefits of walking to school. The WOW – or walk to school initiative – is something we at William Ford strongly believe in hence we have subscribed to this scheme. Each day children will be asked how they

have travelled to school and, if they have walked all or a significant part of their journey, they can earn a different badge each month. For those who live further away, this could be getting off the bus a couple of stops earlier or walking from Dagenham Heathway station rather than catching a bus. The benefits of this are huge! Not only

Obesity harms children and young people



behavioura

· bullying

Stigmatisation

low self-esteem

Public Health England









cholesterolhigh blood pressure

pre-diabetesbone & joint problems

breathing

Increased risk of becoming overweight adults

Risk of ill-health and premature mortality in adult life would this improve safety and congestion on Ford Road: an area I am often discussing with the local authority as it is an accident waiting to happen but also helps with air pollution in the area and climate change and our concerning levels of childhood obesity. This last point is of particular concern to us as the life

This last point is of particular concern to us as the life implications of obesity in childhood are often life lasting.

This is why we have worked hard on our school menu to reduce foods such as chips and

sausage rolls along with spending nearly £100k on our playground to

ensure our pupils are more active. We are also working hard to arrange various school sport trips for all pupils to expose them to a range of sports and physical activities that they would not usually experience. Please work with us on this important venture. You may well also find a nice financial saving as your car is used less: saving fuel and the possibility of a parking ticket along with a lot less stress as you walk past the ever-increasing traffic that occurs on Ford Road, Church Elm Lane and Broad Street.

National Education Union (NEU) Teacher Strike

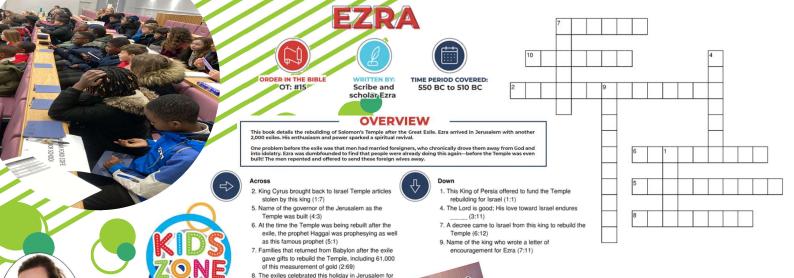
No doubt you have heard via the media that the NEU has called a teacher strike which currently will be held on the 1st February, 2nd March, 15th March and 16th March. This is a nationwide strike due to a dispute with the government and not #]any aspect of William Ford leadership or governance. I will be writing to parents again once I have received further guidance from Barking and Dagenham but, as the NEU is the largest union in the school, parents and carers should expect disruption as it is likely, albeit not definite, that the school will be closed to the majority of pupils. The laws around operating schools during a strike are complex: please do not assume that if your child's class is open/closed during the above dates that your child's teacher is striking or not. We have a lot of part time working across the school and not all staff members are legally entitled to strike. Thank you.

with ook to Who's that behind the mask?

I pray you all have a wonderful weekend.

Mr. David Huntingford Headteacher Corinthians 6: 19-20

Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.



SENDCO's

Section

This week is assessment week and children have been working extremely hard to complete tests in reading and maths. When they come home, please talk to them about their day and talk about any worries they may have.



 The exites cerebrated this holiday in derusalem for the first time in 70 years (6:19)
 Israel was already in trouble for marrying this type of women (10:17)

University of Sussex Visit Naomeeh 6T writes about the Brilliant Club visit.

On Thursday, we travelled to The University of Sussex. We had the opportunity to spend the day looking around the university, we even got chance to sit in a lecture theatre! We were able to ask some teachers and students questions about university. It was a fun and enjoyable day because we learnt about university life and what it would be like to study there. This trip has made me consider attending university in the future.

Playground updates

We now have (faux) grass in the playground! It may be AstroTurf but this will provide a wonderful surface for the children to sit on and relax along for those who



like to show off their gymnastic skills! Now, attention has been moved to the climbing area! This is now installed and the grass around this being laid.



Some of our pupils have also had the opportunity to see the builders in action as part of our exposure to careers of the future! Some of these new areas will open next week!

TTRockstar Winners!

<u>Year 3</u>
Parker 3M
<u>Year 4</u>
Kostya 4D
<u>Year 5</u>
Zaiya 5H
<u>Year 6</u>
Tasnima 6I

Kerry's Korner

We would like to remind parents that we do not allow chocolate bars and as snacks or part of the home packed lunch. Chocolate covered biscuits such kit kat or penguins are ok. Please also remember that we are a nut free school. Lunches must not contain fizzy drinks or sweets. For ideas and recipes for school lunch boxes you can visit

<u>Lunchbox ideas and recipes – Healthier Families - NHS</u>

REQUEST FOR COSTUMES



If you have any children's dressing up clothes that need a new home, we would be very grateful for any kind donations. Thank you for your support.

Ben Kinsella Trust filming

You may remember that when class 6T visit the Ben Kinsella Trust last November, we were filmed! This video can now be viewed here: https://www.youtube.com/watch?v=hg5DmWyoKhY



This has been a tough week for year three for all sorts of reasons. As well as enduring the cold weather the children have been sitting tests this week. Then a huge disappointment for 3M when they couldn't complete their trip to Pizza Express. In the light of these setbacks the children have done remarkably well to maintain their focus and their excellent behaviour. It has not been all tests though and all the children have learnt the story of Abraham in RE as they thought about how Judaism founded. The children made their own comic-strips to retell the story. Next week they will be taking a detailed look at the Torah – the Jewish holy book. In

Geography the together

create their own volcanic island complete with buildings and a volcano. The children demonstrated lots of creative skills in this task. All the classes in year three have now had the opportunity to make their own papyrus-style paper as part of their art project on Egyptian scrolls. It was a delightfully messy experience. Thank you for continued support and we wish you a restful and joyous weekend.

Year Four

An exciting development occurred this



week when the workers who erecting the playground climbing frame 'discovered' prehistoric range of

artefacts. The Year four children studied the 'William Ford Hoard' researched, using iPads, what the artefacts were made of and why Stone

Have you been wondering what your children were up to in school?

Well, wonder no more....



move away from stone towards bronze. children will spend some time next week informing the local council of the discovery.

In R.E. the children have enjoyed interviewing a member of staff about their Christian beliefs and how their faith affects the way they live their lives. The children thought of some rather challenging questions and produced very detailed follow-up work from their interviews. This week in science, we have started our new topic, 'States of Matter'. The children spent their first lesson examining the properties of solids, liquids and gases. 4B had the amazing opportunity to have a cookery lesson with Mrs Watkins (school cook) on Wednesday. (The other Year 4 classes will have the same opportunity in the coming weeks). During the session they followed a recipe to make chocolate-chip biscuits. They had great fun measuring out the ingredients, mixing them all up and then rolling out the dough and using cutters to create their biscuits. Their results were **DELICIOUS!**

Year Five

children

worked

In English this the week, children enjoyed exploring the meaning of words in context,



including some unfamiliar through careful inference. Amongst the words were 'reluctant', 'elaborate', 'interlocked' and 'extortionate'. Next week, our pupils will be learning about the narrative poem Beowulf, exploring its theme of heroism, loyalty and revenge, to name a few. In RE, we continued our Christianity unit on Gospel. After reading a selection of verses from the Gospel of Matthew in the New Testament in the Bible - each illustrating an important

Age people started to foundation for Christian living - the children were excited to dramatise an example of one of these. In Matthew 6: 24 it says, "No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money," and some groups effectively acted out a scenario relating to this verse. Next week, we will be learning about the Gospels' teaching on forgiveness.

Year Six

This week Year 6 have been exploring characters emotions in English, after

reading the first couple of chapters of When the **Mountains** Roared, children considered how Ruby the main character feeling based events. Children explored the features of a diary



entry and next week they will write their own from the perspective of Ruby. In maths this week, children began understanding fractions as decimals and percentages and next week they will build upon this and find percentage of amounts. In RE this week, the children explored how Christians express their beliefs about Jesus, looking at the work of Owen Thomas and Desmond Tutu. In art, children created their own photomontage using different images to create a new image. Next week, children will use iPads to take photos using macro settings. Children had a fantastic opportunity to write a letter to a child from a school in Germany. They enjoyed reading the letters we received and responded to the questions whilst wanting to know more about their Pen Pal. Children explored a range of games using Scratch in computing this week, they took inspiration from them to make improvements and adjustments to their own game.





Each week, staff select three children from each class who have shown effort and commitment to upholding an aspect of our school vision, shown at the bottom of the page. Congratulations to this week's 'stars of the week' for their tremendous endeavours!

	Working diligently	Acting generalsly	Dromoting nooco
Voor		Acting generously	Promoting peace
Year Three			
3M	Name: Orisha For: listening well and for making excellent	Name: Kayla For: always offering to help others and for	Name: Mia For: Being settled, organised and calm at
	progress in maths.	helping out around the classroom.	the beginning of each day.
3N	Name: Muhammad	Name: Dhruv	Name: Cherie
JIV	For: working exceptionally hard in PE this	For: always being polite and helpful to his	For: being much calmer in the classroom
	week.	peers and adults in school.	and ready to work.
	Week.	peers and address in serioon.	and reday to work.
3P	Name: Jada	Name: Joseph	Name: Maysan
	For: focusing well in lessons and tests.	For: being extremely helpful to other	For: helping to spread peace around the
	*	children.	classroom and school.
Year Four			
4B	Name: Aydin	Name: Adam	Name: Kostya
	For: being more focussed in class and	For: working well with others in our	For: being focused and ready to work in
	working hard in lessons.	cooking l <mark>es</mark> son thi <mark>s w</mark> eek.	lessons.
4D	Name Zafrin	Name: Tharik	Name: Avani
	Doing working hard I in all of her assessments	For: giving up his time and being and helpful	For: always being a calm and always doing the
	this week	around the class	right thing in class and around the school
4W	Name: Ahmad	Name: Bethany	Name: Harley
	For: working diligently and putting in 100%	For: working well with others in all lessons	For: living at peace and giving his all and
	effort in all lessons this week.	and always showing a positive attitude,	showing the values of the school
		especially during assessments.	throughout the school day.
Year Five			
5A	Name: Robert	Name: Ifekitan	Name: Mwene
	For: his amazing acting in RE this week!	For: being helpful to those around here.	For: being a calming presence in our
	N 10 10		classroom.
5H	Name: Victor	Name: Arth	Name: Tanatswa
	For: constant great effort across the	For: his generosity and support in class.	For: settling into his new class and school
ГМ	curriculum.	Name: Jasmine	so peace <mark>fu</mark> lly. Name: Ted
5N	Name: AJ For: producing effective work with	For: being helpful by always willing to take	For: being a role-model of maturity and for
	impressive detail.	on classroom jobs.	his sensible conduct.
Year Six			
61	Name: Neema	Name: Arian	Name: Kayden
	For: Working hard in all lesson this week.	For: Being a star pupil with excellent	For: showing kindness to others and always
	g and a second and a second	manners!	being helpful.
6P	Name: Joey	Name: Edwin	Name: Rayan
	For: working diligently and trying his best	For: acting generously by always sharing	For: living at peace at all times, being a
	in all areas of the curriculum.	his ideas with the class.	calm presence in school.
6T	Name: Nathaniel	Name: Daniel	Name: Kevin
	For: great contribution during class	For: always being generous with his time	For: being focused and prepared for his
	discussions.	and volunteering to help around the	learning.
		classroom.	



Learning from Jesus Christ, the Prince of Peace, to work diligently, act generously and live at peace with everyone.